

CoolSprings Youth Volleyball League

Our Youth League has been designed for athletes looking for a competitive experience to help take their game to the next level. Teams will practice once a week and compete in gameplay.

What is the Youth League?

The Youth League is a program that focuses on game play. It has been developed to compliment the other clinics and camps offered at CoolSprings Volleyball. It is designed to give players an opportunity to apply their skills to a game. Sessions are a combination of individual skill development, team development, and game play. It is designed for all levels and experience.

Our Youth League is divided into four different levels. Teams will be grouped by age and skill.

- Level 1 – Ages 6-10
- Level 2 – Ages 11-12*
- Level 3 - Ages 13-14
- Level 4 – Ages 15-17

*We would suggest that if your child is twelve, but is currently in 7th grade, that you indicate in the notes that she should play in the 13-14 age group as this is geared more toward current middle school players.

Youth League Schedule

All practices will take place at CoolSprings.

Date	Levels 1 & 2	Levels 3 & 4
3/3	7:00-8:30	8:30-10:00
3/10	7:00-8:30	8:30-10:00
3/17	7:00-8:30	8:30-10:00
3/24	7:00-8:30	8:30-10:00
3/31	7:00-8:30	8:30-10:00
4/7	7:00-8:30	8:30-10:00
4/14	7:00-8:30	8:30-10:00
4/21	7:00-8:30	8:30-10:00
4/28	7:00-8:30	8:30-10:00
5/5	7:00-8:30	8:30-10:00
5/12	7:00-8:30	8:30-10:00
5/19	7:00-8:30	8:30-10:00

*Time subject to change based on registration



COOLSPRINGS
ELEVATE YOUR GAME



Elevated Performance Volleyball
Pittsburgh's Volleyball Source

Directors: Jason Ferri and Scott
Sundgren

What does it cost?

Participation costs \$450 per athlete. This includes all practices, coaches, and end of season mini-tournament.

Who will be my coach?

We have a professional and knowledgeable staff. Our coaches include high school coaches, club coaches, and high level players. We are all committed to delivering the best program where you will be challenged to be the strongest athlete you can be. Our coaches are committed to the develop of all of the players.