

# YOUTH FLAG-FOOTBALL



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## Welcome to Cool Springs Sports Flag-Football!

At Cool Springs Sports, our mission is to provide kids and families in the community with an opportunity to be involved in organized sports, but most importantly, **HAVE FUN!** No matter what your child's experience or skill level might be, Cool Springs Sports is the place to play. Our programs are designed to create a positive environment and give kids the ability to try different sports, and give you as a parent more options throughout the year. Our dedication and commitment to every family in the Cool Springs Sports community is our focus, and we hope to see you in a program soon!

**PROGRAM DETAILS:** Leagues are recreational. There will be no scores or standings kept for the 3-8 year olds divisions. Regardless of program or division, the focus remains on good sportsmanship, equal playing time, and FUN!

AGE DIVISIONS	PRACTICE + GAME (total)	FIELD OF PLAY
5-6 (coed)	30 + 30 (60min)	5 v 5
7-9 (coed)	30 + 45 (75min)	5 v 5
10-12 (coed)	30 + 45 (75 min)	5 v 5
13-14 (coed)	30 + 45 (75 min)	5 v 5

### **Equipment**

- Players ages 5-14 will receive a reversible Cool Springs Sports Jersey
- Shorts or Sweatpants
- Rubber Cleats or Sneakers
- Practice Balls will be provided
- Players **MUST** wear Mouthguards
- Flag-Belts Provided

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### **Coaches**

All Coaches are background checked and certified. All volunteers are required to request clearances and provide them to the league office. All are welcome to volunteer!

**LEAGUE OFFICE:** [leagueoffice@playcoolsprings.com](mailto:leagueoffice@playcoolsprings.com) - 412.881.8500 (7a-10p)

**ADDRESS:** 3001 Cool Springs Drive, Pittsburgh, PA 15234

**WEATHER:** 412.223.6977 (available 24/7)

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## **Awards**

- All players 5-12 will receive a Sportsmanship Award during the season.
- Champions and Runners-Up will receive Awards ages 13-14

## **Officials/Staff**

Cool Springs staff will be present during every activity and are available to answer all questions. All staff members will be wearing Cool Springs Sports Staff Shirts, lanyards, and name badges. Officials/Staff will be responsible for keeping time and will use their discretion to make sure they activity period is accomplishing the goals of Cool Springs Sports. Please be respectful of all Officials/Staff during the programs!

## **Schedules/Website**

Schedules will be sent via email 7-10 days prior to opening day. If you do not receive your schedule prior to opening day, please let us know. Schedules will be posted online and available through [playcoolsprings.com](http://playcoolsprings.com).

## **Amenities**

- Restrooms Available
- Water Fountains on Site
- Bleachers on Site
- Concessions on Site
- Fairway Grille Specials on Campus

## **Refund Policy**

There will be no refunds available 7 days from opening day. We are happy to transfer a registration to a future season prior to opening day. On opening day, there can be no transfers or refunds of registration fees.

Any and all questions/feedback can be emailed to: [LEAGUEOFFICE@playcoolsprings.com](mailto:LEAGUEOFFICE@playcoolsprings.com)

See you at the fields soon!

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